

**Saddle River Reformed
Church**
worshiping at
Old Stone Church



August 2022
Season After Pentecost

The monthly newsletter is
BACK!!! If you have
anything for the
September newsletter,
please email the church
office at
srrcoffice@verizon.net by
Friday, August 12th.

Calendar

Worship - Sundays at 10am
Old Stone Church

Bible Study & Lunch Bunch
Wednesdays at 11am in the
Lounge

Consistory Meeting
Wednesday, September 14th
at 6pm in the Lounge

Thank You

We received a thank you
note from the Reformed
Church Home, thanking
the church for its
generous gift.

When shopping on amazon.com,
INSTEAD shop at
smile.amazon.com and choose
the "Saddle River Reformed
Church RCA" as your charity.

Find us on the web and on social media

oldstonechurchonline.org

Facebook: Old Stone/Saddle River Reformed Church

Instagram: [oldstonechurchnj](https://www.instagram.com/oldstonechurchnj)

Inside this Issue

Reflections	pg 2
Search Committee Update	pg 3
August Lectionary	pg 3
Photos & Community Announcements	pg 4-7
August Birthdays & Anniversaries	pg 7

Reflections

Provided by Rev. Mel Van Hattem

It is healthy to go to church.

“Out of 212 studies, three-fourths showed a positive effect of religious commitment on health,” reports Dr. Dale Matthews, MD of Georgetown University. Dr. Harold G. Koenig of Duke University Medical Center reports that “people who attend church are both physically healthier and less depressed.”

Men who attend church have much lower blood-pressure levels than those who don't. Among elderly women recovering from hip fractures, those with strong religious beliefs suffered less from depression and thus were more likely to walk sooner.

When research was reviewed, religious commitment was found to be beneficial to physical health in more than 80% of the cases.

Source: Dr. David Larson, psychiatrist, National Institute of Mental Health, Washington DC.

More stability. Those who are actively practicing their faith are more than twice as likely to stay married as the nonreligious:
at 5 years: 7% divorced vs 17% of seldom attenders
at 15 years: 14% vs 37%.
Source: National Survey of Family Growth, National Institute of Child Development.

Church lifestyle rates highest in happiness. 93% of those people living an “authentic, noticeable different Christian life—more giving and forgiving, spending significant time helping people burdened with physical and emotional needs” - rated life “very happy,” reported George Gallop, Jr.
Over 90% of those pursuing solely their own happiness were rated by others as unhappy.
Source: Bernard Rimland Study.

Search Committee Update

by Cathy Lowden

Last fall the Consistory directed the Search Committee to look for a minister for a part-time Call. What is a Call? Unlike in the business world, a minister is not hired. A Call a covenant (not unlike a marriage) between a minister and the church family. As we grow as a congregation the expectation is that this Call will transition into full-time. The Search Committee used the direction given by the Consistory as a guide as they put together our church profile over the winter months. In April, the Consistory approved our church profile and our open position was submitted to the RCA for posting to their website. Posting our church profile is an invitation to prospective ministers that we are ready to accept their minister profiles for consideration. While we are saying we are looking for a part-time minister, we expect that whomever we call will reside in our parsonage on a full-time basis. We are accepting profiles from RCA ministers and any of our formulary partners: Christian Reformed, Lutheran, Presbyterian & United Church of Christ.

August 2022 Lectionary Year C

Aug. 7 - Communion Ninth Sunday after Pentecost

Rev. Tom Larkin
Isaiah 1:1, 10-20;
Psalm 50:1-8, 22-23; Hebrews
11:1-3, 8-16;
Luke 12:32-40

Aug. 14 Tenth Sunday after Pentecost

Led by the Consistory
Isaiah 5:1-7;
Psalm 80:1-2, 8-19; Hebrews
11:29-12:2;
Luke 12:49-56

Aug. 21 Eleventh Sunday after Pentecost

Rev. Mel Van Hattem
Jeremiah 1:4-10;
Psalm 71:1-6;
Hebrews 12:18-29;
Luke 13:10-17

Aug. 28 Twelfth Sunday after Pentecost

Led by the Consistory
Jeremiah 2:4-13;
Psalm 81:1, 10-16;
Hebrews 13:1-8, 15-16; Luke
14:1, 7-14

St. Patrick's Day Fellowship



The Iced tea social, immediately following our service, included wonderful shamrock cookies made by Linda Kammerer and almond rainbow cookies and raspberry almond tarts made by Suzie Peters. Having this time after our service gives us a chance to catch-up with everyone and find out if anyone has a need that we can help with.

Meet our new office manager Stephanie Doyle. Stephanie will be in the church office Monday - Friday from 10am-2pm.



Bible Study & Lunch Bunch



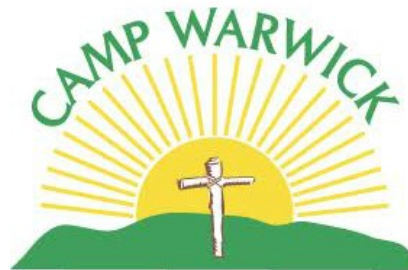
Bible Study meets every Wednesday at 11am in the Lounge followed by the "Lunch Bunch" from 12:15-1pm. If you are looking for a lively conversation, join us for both or either one.

And they lived happily ever after...



Michelle Baer and Steve Bernal were married in the sanctuary on Saturday, July 9th by Pastor Mel Van Hattem.

Camp Warwick at the Warwick Conference Center is OPEN for Day Camp and In Camp from June 27-August 26 with various programs for Kindergarten - 12th grade.



Upper Saddle River Children's Academy had camp throughout July and will reopen for the school year in September.

USR Woman's Club Coming September 17th - the 6th annual Town-Wide Garage Sale! Start saving those treasures for the sale as you organize this summer! Contact nona.maher@gmail.com for information.

Back to Church Sunday
September 18

HAVEN'T BEEN TO CHURCH
IN A WHILE?

**NO
PROBLEM**

JOIN US FOR





The Holland Christian Home Foundation
cordially invites you to the

HOLLAND CHRISTIAN HOME
127th Anniversary Dinner
1895-2022

WEDNESDAY, SEPTEMBER 28, 2022
6:00 P.M.

The Tolos Estate
1245 Belmont Avenue, North Haledon, NJ
\$120 per person

FEATURING
"My HCH Story"
Resident & Family Testimonies

MUSIC PROVIDED BY
The NJ Homeschool Association Chorale & Selah String Ensemble

Your support benefits the Holland Christian Home

RSVP by September 19, 2022
to the Holland Christian Home Foundation
973-427-4087 EXT 651

The Borough of Upper Saddle River
and USR Cares present



Saturday, October 8

Noon - 6pm at Lions Park

Silent Auction • Vendors • Games • Food
Hayride • Live Music • Family Fun Tent
Senior Tent with Lunch and Activities

Meet our Community and Service Organizations
All proceeds benefit USR Cares
and our Mission to Support Neighbors in Need
For more info: usrcares@gmail.com
www.usrcares.com • Like us on Facebook

WALK. GIVE. CHANGE THE WORLD.

Upper Pascack Valley
CROP HUNGER WALK

OCTOBER 16, 2022

PARK RIDGE, NEW JERSEY

Upper Pascack Valley CROP Hunger Walk

Sunday, October 16, 2022

CROP Hunger Walk

**Cozy Soups for Fall
Soup Day - Saturday,
October 22.**

We are looking for more volunteers to cook soup and work in the kitchen as well as addition ideas and suggestions. Please call Lori 201-669-8978 or Suzie 845-356-0922 to help out.

The Upper Saddle River 5k Run

**Thanksgiving Morning
Cavallini School**

Registration: 7:30 a.m. (also by mail or online)
Run Begins: 9:00 a.m.

www.usr5k.org

Interfaith Cancer Support Group: A weekly, contemplative virtual support group for people who have or have had cancer. NJIC3 is starting an Interfaith Cancer Support Group, to be held virtually once per week for about one hour. This group is open to anyone who has faced cancer and would like to be an in interfaith environment to provide mutual support through deep listening, sharing and contemplation. The group will be facilitated by a NJIC3 staff member in the spirit of a peer-led group. The weekly date and time of this group will be based on the availability of those interested. If you have any questions, please contact Austin Morreale austin.njic3@improvingnj.org or Nobuko Hori at nobuko.njic3@improvingnj.org

Food Donations
The Center for Food Action in Mahwah at 90 Ridge Road is open M-F from 10am-2pm to accept donations.

Call 988 For Mental Health Emergencies
The Federal Communications Commission recently approved a new 3-digit dialing code, 988, for mental health crisis and suicide prevention.

The 988 line will operate 24 hours a day, 7 days a week for calls, texts, and chat beginning on July 16th, 2022.

**August Birthdays
& Anniversaries**

Peter O'Malley	8/2
Laura Dietze	8/3
Anita Green	8/11
Cliff Kammerer	8/16
Diana Ritz	8/19
Hannah Ritz	8/20
Suzanne Peters	8/20
Lucille DeEntremont	8/21
Mary Parmelee	8/25
Lori Geiger	8/26
Michael DeMase	8/28
Jason Peters	8/28
Lanie Conklin	8/30

Cliff & Linda Kammerer
8/8

Rebecca Brasser & Matt
Fretz
8/15

Arlene & Bob Fretz
8/26

Carol & Peter O'Malley
8/29

Any updates or additions, please email the church office at srrcoffice@verizon.net

Saddle River Reformed Church

worshiping at
Old Stone Church
500 East Saddle River Road
Upper Saddle River, NJ 07458
201-327-5242
srrcoffice@verizon.net
www.OldStoneChurchOnline.org

